

**AGING IN COMMUNITY COMMITTEE  
OF THE  
COMMISSION ON AGING**

Date: December 13, 2022  
9:30am-11:30 am

“Business Meeting – Lessons Learned in 2022 and the Road Ahead for 2023”

**In Attendance:** Wayne Berman (co-chair), Mary Sweeney (co-chair, AIC), Marsha Weber, Betsy Carrier, Laurie Pross, Bob Levy, Joyce Dubow, Nanine Miekjohn, Mona Grieser,

**Staff:** Pazit Aviv, MC AAA

**Guests:** Marcia Pruzan, Age-Friendly Montgomery; Sara Fought, Jewish Council for the Aging;

**Opening Remarks from the Co-Chairs:** Mary and Wayne welcomed everyone and reviewed the agenda for today’s business meeting that featured a review of the Committee’s 2022 program and the formulation of an AIC action program for 2023.

**Approval of the Minutes:** The minutes of the November 8, 2022 meeting were approved.

**MEETING NOTES and ACTIONS:**

The following is a listing of the key points discussed and identified actions the AIC plans to take over the 6 months.

Food Insecurity

- The AIC wanted to continue to follow up on Food Insecurity Issues and keep as an action item, in coordination with Public Policy Committee.

Design for Life

- The Committee felt that Design for Life (for home only) is important issue to follow and still needs to be on the Program Agenda for 2023. Keep as an action item.

Technology

- Technology to improve the lives of older adults continues to be an important issue for the AIC, especially given the upcoming Forum planned for May 4, 2023. The Committee felt it is important to work with the County staff, especially Mitsuko Herrera, in order to monitor for updates and any actions needed and to garner her support. For the Forum, the AIC felt that the forum working group considers should consider how insurers such as Kaiser and, United Health cover in home technology. The JCA SHIP program may be able to help address this at the Forum.

Medicare

- While it is too late for Open Season 2022, the Committee suggested help people gain a better understanding of Medicare Advantage Plan for the Fall of 2023

### Villages

- Villages will be a part of the AIC program in 2023. The Committee will wait to hear the results of the recent “Hub-and-Spoke” survey and report conducted by Pazit and Betsy. More to come on Villages.

### Pedestrian Safety

- Given the increasing number of pedestrian-related accidents and fatalities, the Committee wanted to advocate for funding for pedestrian safety to the County Council over the course of 2023.

### Housing

- The Committee felt that housing (especially affordable housing for older adults) needs to be a priority for AIC.
- The following aspects of the housing issue were discussed:
  - Design for Life aspect is important part of housing issue.
  - How can the County improve the management and adoption of design for life features in new and existing homes?
  - Missing middle income housing around transit stations – what is the problem and why is it important.
  - What are housing goals in the THRIVE 2050 Plan?
  - Contact Arlington, Fairfax Counties for ideas on zoning.
  - Check out various affordable housing options along with speakers to address innovative ideas for zoning and older adult housing.
  - Learn more about MPDU requirements (e.g. 12 to 15 percent factors) with a focus on people with lower incomes
  - COA needs to advocate for different zoning that increases density and multi-use - Get a speaker on how zoning affects older adults
  - Someone(s) on the Committee needs to follow the housing issue with County Council.

### Planned Actions for 2023

- January: Speaker on zoning issues from Parks and Planning and/or other staff of County Council
- February: Focus on Technology Forum at AIC meeting.
- March: Discussion of Villages and the results of the “Hub-and-Spoke” survey and report
- April: Design for Life discussion and speaker.
- May: Technology Forum debriefing.
- June: Budget Priority discussions and possibly Janice Zalen present an update on the Nursing Home issue.

**UPCOMING MEETING:** The next AIC meeting will be held on Tuesday, January 10<sup>th</sup> at 9:30 am. The focus of this business meeting will be on Zoning in the County and its affect on housing for older adults

**MEETING ADJOURNED:** 11:40 am